

《初一英语日记三篇（带中文）》

坚持写英语日记可以显著提升英语写作能力，并帮助积累词汇和语法知识。每天记录生活点滴，不仅锻炼表达能力，还让我们对英语更加熟悉和热爱。这里给大家整理了三篇初一英语日记，供大家参考。

初一英语日记1

Today was a wonderful day! I woke up early in the morning and felt very excited because it was a sunny day.

After breakfast, I went to the park with my best friend, Lily. We played on the swings and had a great time. Then, we saw some beautiful flowers and took some photos. In the afternoon, I did my homework and watched my favorite TV show. For dinner, my mom cooked delicious spaghetti.

I feel so happy and grateful for this wonderful day!

今天是美好的一天!我早上很早就醒了，感觉非常兴奋，因为今天是个阳光明媚的日子。

早餐后，我和我最好的朋友莉莉去了公园。我们在秋千上玩得很开心。然后，我们看到了一些漂亮的花，并拍了一些照片。下午，我做了作业，还看了我最喜欢的电视节目。晚餐时，我妈妈做了美味的意大利面。

我为这美好的一天感到非常高兴和感激!

初一英语日记2

The sun was shining brightly today. After school, I met my best friends at the entrance of the park.

We excitedly walked in and found a perfect spot for playing badminton. The shuttlecock flew back and forth over the net as we laughed and cheered. In a break, we wandered around, admiring the colorful flowers and spotting playful squirrels. I captured the moments with my camera, making sure to get a few close-ups of the blooming roses.

As the sun began to set, we reluctantly said goodbye to the park. I felt a bit exhausted but incredibly joyful. Days like this with friends are truly special.

今天阳光灿烂。放学后，我在公园入口和最好的朋友们汇合。

我们兴奋地走进公园，找到了一个打羽毛球的绝佳地点。羽毛球在网上来回飞舞，我们笑着加油。休息时，我们四处闲逛，欣赏五颜六色的花朵，还看到了活泼的小松鼠。我用相机记录下这些瞬间，特意拍了几张盛开的玫瑰的特写。

随着太阳开始落山，我们依依不舍地离开了公园。我虽然有些疲惫，但非常快乐。和朋友们这样的日子真的很特别。

初一英语日记3

Today, I helped my mom cook dinner for the first time.

I washed the vegetables and cut them into small pieces. Then, I stir-fried them with some meat. The kitchen was full of delicious smells. When we sat down to eat, my family said the dish was very tasty.

I felt proud of myself. Helping my mom made me realize how hard she works every day. I want to help more often from now on.

今天，我第一次帮助妈妈做晚餐。

我洗了蔬菜，并把它们切成小块。接着，我加了些肉一起炒。厨房里弥漫着美味的香气。当我们坐下来吃饭时，家人说这道菜非常好吃。

我为自己感到骄傲。帮助妈妈让我意识到她每天工作有多辛苦。从现在开始，我想更经常地帮忙。