

## 《人教版八年级上册英语第八单元课文（带翻译）》

### UNIT 8 How do you make a banana milk shake?

#### Section A 1b

Listen and put the instructions in order.

I'm hungry! Let's make a banana milk shake.

How do you make a banana milk shake?

Well, first peel three bananas.

Three bananas?

Yes. Then cut up the bananas.

OK, I'm finished.

Now put the bananas and ice-cream in the blender. Then pour the milk into the blender.

Is this enough milk?

I guess so. Next, turn on the blender. Finally, pour the milk shake into a glass and drink it.

#### Section A 2a

Listen and complete the chart.

Let's make fruit salad.

OK. Do you have bananas?

Yes, I do. How many bananas do we need?

We need three bananas.

That sounds about right. What else? Watermelon.

How many watermelons?

Oh, only one small watermelon. And we need some honey.

How much honey do we need?

Let's see. Two spoons.

Right. What else?

Apples.

How many apples do we need?

Two should be enough. And yogurt.

How much yogurt do we need?

A cup.

Now what else do we need?

Oh, do you have any oranges?

I think so. How many oranges do we need?

Only one. This is going to taste great!

## Section A 2b

Listen again. Write the ingredients under the correct amount in the chart.

Let's make fruit salad.

OK. Do you have bananas?

Yes, I do. How many bananas do we need?

We need three bananas.

That sounds about right. What else? Watermelon.

How many watermelons?

Oh, only one small watermelon. And we need some honey.

How much honey do we need?

Let's see. Two spoons.

Right. What else?

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How many apples do we need?

Two should be enough. And yogurt.

How much yogurt do we need?

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Now what else do we need?

Oh, do you have any oranges?

I think so. How many oranges do we need?

Only one. This is going to taste great!

## Section A 2d

### Role-play the conversation.

Sam, I want to make Russian soup for a party on Saturday. Can you tell me how?

Sure. First, buy some beef, one cabbage, four carrots, three potatoes, five tomatoes and one onion. Then, cut up the vegetables.

What's next?

Next, put the beef, carrots and potatoes into a pot and add some water. After that, cook them for 30 minutes. Then, add the cabbage, tomatoes and onion and cook for another 10 minutes.

OK, that's it?

No, one more thing. Finally, don't forget to add some salt.

### Section B 1c

Look at the picture in 1a. Listen and circle the words you hear.

How do you make a cheese sandwich?

Well, first put some butter on a piece of bread.

How much butter?

Oh, about one spoon.

OK. What else?

Next, cut up some tomatoes.

How many tomatoes?

Well, maybe one is enough. Put the tomato on the sandwich. Next, cut up an onion.

Sounds good. What about the cheese?

Next, put some cheese on the sandwich.

How much cheese?

Not too much, but you can put more if you like.

OK. Is that all?

Not quite. Then, put some lettuce on the cheese.

Sounds delicious!

Finally, put another piece of bread on top.

Great!

### Section B 1d

Listen again. Write the ingredients in the order you hear them.

How do you make a cheese sandwich?

Well, first put some butter on a piece of bread.

How much butter?

Oh, about one spoon.

OK. What else?

Next, cut up some tomatoes.

How many tomatoes?

Well, maybe one is enough. Put the tomato on the sandwich. Next, cut up an onion.

Sounds good. What about the cheese?

Next, put some cheese on the sandwich.

How much cheese?

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OK. Is that all?

Not quite. Then, put some lettuce on the cheese.

Sounds delicious!

Finally, put another piece of bread on top.

Great!

## Section B 2b

Read the article and number the pictures 1-5.

### Thanksgiving in the United States

In most countries, people usually eat traditional food on special holidays. A special day in the United States is Thanksgiving. It is always on the fourth Thursday in November, and is a time to give thanks for food in the autumn.

At this time, people also remember the first travelers from England who came to live in America about 400 years ago. These travelers had a long, hard winter, and many of them died. In the next autumn, they gave thanks for life and food in their new home.

These days, most Americans still celebrate this idea of giving thanks by having a big meal at home with their family. The main dish of this meal is almost always turkey, a large bird.

### Making a turkey dinner

Here is one way to make turkey for a Thanksgiving dinner. First, mix together some bread pieces, onions, salt and pepper. Next, fill the turkey with this bread mix. Then, put the turkey in a hot oven and cook it for a few hours. When it is ready, place the turkey on a large plate and cover it with gravy.

### 参考译文：

#### Section A 1b

听录音并按顺序排列说明。

我饿了!我们来做香蕉奶昔吧。

你如何制作香蕉奶昔?

嗯,首先剥三个香蕉。

三个香蕉?

是的。然后切碎香蕉。

好的,我切好了。

现在把香蕉和冰淇淋放入搅拌机。然后倒入牛奶。

牛奶够了吗?

我想是的。接下来,打开搅拌机。最后,把奶昔倒入玻璃杯里喝吧。

#### Section A 2a

听录音并完成表格。

我们来做水果沙拉吧。

好的。你有香蕉吗?

是的,我有。我们需要多少香蕉?

我们需要三个香蕉。

听起来差不多。还有什么?西瓜。

需要多少西瓜?

哦,只需要一个小西瓜。我们还需要一些蜂蜜。

我们需要多少蜂蜜?

让我想想。两勺。

好的。还有什么?

苹果。

我们需要多少苹果?

两个应该够了。还有酸奶。

我们需要多少酸奶?

一杯。

现在还需要什么?

哦,你有橙子吗?

我想有。我们需要多少橙子?

只需要一个。这尝起来会很棒!

## Section A 2b

再听一遍。在表格中正确的数量下写出原料。

我们来做水果沙拉吧。

好的。你有香蕉吗?

是的, 我有。我们需要多少香蕉?

我们需要三个香蕉。

听起来差不多。还有什么?西瓜。

需要多少西瓜?

哦, 只需要一个小西瓜。我们还需要一些蜂蜜。

我们需要多少蜂蜜?

让我想想。两勺。

好的。还有什么?

苹果。

我们需要多少苹果?

两个应该够了。还有酸奶。

我们需要多少酸奶?

一杯。

现在还需要什么?

哦, 你有橙子吗?

我想有。我们需要多少橙子?

只需要一个。这尝起来会很棒!

## Section A 2d

### 角色扮演对话。

萨姆, 我想在周六的聚会上做俄罗斯汤。你能告诉我怎么做吗?

当然可以。首先, 买一些牛肉、一棵卷心菜、四根胡萝卜、三个土豆、五个西红柿和



一个洋葱。然后，把蔬菜切碎。

接下来呢？

接下来，把牛肉、胡萝卜和土豆放入锅里，加些水。之后，煮30分钟。然后，加入卷心菜、西红柿和洋葱，再煮10分钟。

好的，就这样了吗？

不，还有一件事。最后，别忘了加盐。

### Section B 1c

看1a中的图片。听录音并圈出你听到的单词。

你如何制作奶酪三明治？

嗯，首先在一片面包上涂些黄油。

多少黄油？

哦，大约一勺。

好的。还有什么？

接下来，切一些西红柿。

多少西红柿？

嗯，也许一个就够了。把西红柿放在三明治上。接下来，切一个洋葱。

听起来不错。那奶酪呢？

接下来，在三明治上放一些奶酪。

多少奶酪？

不要太多，但如果你喜欢可以多放一些。

好的。就这样了吗？

还不完全。然后，在奶酪上放一些生菜。



听起来很美味!

最后，在上面再放一片面包。

太棒了!

### Section B 1d

再听一遍。按你听到的顺序写下原料。

你如何制作奶酪三明治?

嗯，首先在一片面包上涂些黄油。

多少黄油?

哦，大约一勺。

好的。还有什么?

接下来，切一些西红柿。

多少西红柿?

嗯，也许一个就够了。把西红柿放在三明治上。接下来，切一个洋葱。

听起来不错。那奶酪呢?

接下来，在三明治上放一些奶酪。

多少奶酪?

不要太多，但如果你喜欢可以多放一些。

好的。就这样了吗?

还不完全。然后，在奶酪上放一些生菜。

听起来很美味!

最后，在上面再放一片面包。

太棒了!

## Section B 2b

阅读文章并给图片编号1-5。

### 美国的感恩节

在大多数国家，人们在特殊节日通常会吃传统食物。美国的一个特殊日子是感恩节。它总是在十一月的第四个星期四，是感谢秋天食物的时候。

在这个时候，人们还会记得大约400年前从英国来到美国生活的第一批旅行者。这些旅行者经历了一个漫长而艰难的冬天，其中许多人去世了。在下一个秋天，他们为在新家中的生命和食物而感恩。

现在，大多数美国人仍然通过和家人一起在家吃一顿丰盛的晚餐来庆祝感恩的想法。这顿饭的主菜几乎总是火鸡，一种大鸟。

### 制作火鸡大餐

这是为感恩节晚餐制作火鸡的一种方法。首先，把一些面包块、洋葱、盐和胡椒混合在一起。接下来，用面包混合物填满火鸡。然后，把火鸡放入热烤箱中烤几个小时。烤好后，把火鸡放在大盘子上，浇上肉汁。